



SUMMER MENU

SALADS

Italian Chopped Salad

Chopped iceberg lettuce, Genoa salami, Boars Head ham, provolone cheese, tomatoes, cucumbers, red onion and sweet peppers. Served with Italian dressing 8.99

Barbecue Ranch Chicken Salad

Grilled chicken topped with BBQ sauce, grape tomatoes, black bean & corn salad and cheddar cheese on a bed of mixed greens served with ranch dressing 10.49

Spicy Thai Salad

Mixed greens, cabbage, carrots, red onion, cucumbers and grilled chicken. Topped with salty cashews and crunchy oriental noodles. Drizzled with a spicy peanut dressing and served with our Thai sweet chili vinaigrette 10.99

Crispy Chicken Salad

Crispy chicken tenders, sliced almonds, crunchy oriental noodles, grape tomatoes, cucumbers, sweet peppers and red onions served on a bed of mixed greens with our homemade oriental dressing 9.49

Chicken Gyro Salad

Mixed greens, grape tomatoes, cucumbers, red onion, grilled chicken and feta cheese. Topped with our house made tzatziki sauce and served with our homemade Greek dressing 10.99

Santa Fe Chicken Salad

Blackened chicken, avocado, black bean & corn salad, red onion and grape tomatoes served on a bed of mixed greens and drizzled with chipotle aioli served with ranch dressing 10.99

Caprese Salad

Fresh mozzarella and sliced tomatoes served over mixed greens drizzled with pesto and a balsamic glaze 9.49

Chicken or Tuna Salad Cold Plate

Our homemade all white meat chicken salad or fresh made tuna salad served with pasta salad and fresh fruit 8.99

Honey Do Salad

Mixed greens topped with Boars Head honey ham and honey turkey, muenster cheese, grape tomatoes and cucumbers served with honey mustard dressing 9.49

Buffalo Chicken Salad

Crispy chicken tossed in buffalo sauce served on a bed of mixed greens with grape tomatoes, cucumbers, red onion and blue cheese crumbles served with blue cheese dressing 9.49

WRAPS

Served with your choice of side

Baja Chicken Wrap

Blackened chicken, pepper jack cheese, green leaf lettuce, crisp bacon and chipotle aioli in a southwest wrap 9.49

Summer Veggie Wrap

Black bean & corn salad, shredded lettuce and fresh tomatoes topped with chipotle aioli served in a southwest wrap 7.99

Greek Wrap

Grilled chicken, feta cheese, lettuce, tomatoes, cucumbers, red onion, house made tzatziki sauce and our homemade Greek dressing. 9.49

Thai Chicken Wrap

Grilled chicken, leafy lettuce, cabbage, carrots, cucumbers, salty cashews and crunchy oriental noodles topped with our spicy peanut dressing 9.49

Caesar Chipotle BLT

Grilled chicken, crisp bacon, leafy lettuce, tomatoes and shaved Parmesan cheese with Caesar dressing and chipotle aioli 9.99

SUMMER FAVORITES

Served with your choice of side

My Big Fat Greek Panini

Smoked turkey, tomatoes, red onion, cucumbers, feta cheese and tzatziki sauce served on grilled focaccia bread 9.49

The Midge

Honey turkey, crisp bacon, Swiss cheese, Cole slaw and thousand island dressing served on a crusty sub roll 9.99

Virginia Beach Reuben

Ovengold turkey breast, Swiss cheese, Cole slaw and thousand island dressing on grilled rye bread 9.49

Pastrami Cheesteak

Traditional New York pastrami, sauteed peppers and onions and pepper jack cheese served on a crusty sub roll 9.49

Bronco BLT

Crisp bacon, lettuce, tomato and pepper jack cheese with chipotle aioli on your choice of bread 8.99

Pungo Roast Beef

Roast beef, feta cheese, tomatoes, red onion and tzatziki sauce served on a crusty sub roll 8.99

PMS Deli and Catering

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